

Circumplex Scales of Interpersonal Values

For each item below, answer the following question: "When I am in interpersonal situations (such as with close friends, with strangers, at work, at social gatherings, and so on), in general how important is it to me that I act or appear or am treated this way?" Use the following rating scale:

0	1	2	3	4
not	mildly	moderately	very	extremely
important to me	important to me	important to me	important to me	important to me

Sample Item:

When I am with him/her/they, it is... 0 1 2 3 4 ...that I be well dressed

If when you are with others you generally consider it extremely important that you be well-dressed, you would circle 4. If it is not important that you be well dressed, you would circle 0. If you consider it moderately important that you be well-dressed, you would circle 2.

1. When I am with him/her/they, it is... 0 1 2 3 4 ...that I appear confident
2. When I am with him/her/they, it is... 0 1 2 3 4 ...that I not reveal my positive feelings for them
3. When I am with him/her/they, it is... 0 1 2 3 4 ...that I feel connected to them
4. When I am with him/her/they, it is... 0 1 2 3 4 ...that I appear forceful
5. When I am with him/her/they, it is... 0 1 2 3 4 ...that I conform to their expectations
6. When I am with him/her/they, it is... 0 1 2 3 4 ...that I am unique
7. When I am with him/her/they, it is... 0 1 2 3 4 ...that I keep my guard up
8. When I am with him/her/they, it is... 0 1 2 3 4 ...that I put their needs before mine
9. When I am with him/her/they, it is... 0 1 2 3 4 ...that they acknowledge when I am right
10. When I am with him/her/they, it is... 0 1 2 3 4 ...that I not make a social blunder
11. When I am with him/her/they, it is... 0 1 2 3 4 ...that they show interest in what I have to say
12. When I am with him/her/they, it is... 0 1 2 3 4 ...that I attack back when I am attacked
13. When I am with him/her/they, it is... 0 1 2 3 4 ...that I not get into an argument
14. When I am with him/her/they, it is... 0 1 2 3 4 ...that they not deceive me
15. When I am with him/her/they, it is... 0 1 2 3 4 ...that they not know what I am thinking or feeling
16. When I am with him/her/they, it is... 0 1 2 3 4 ...that they not see me as getting in their way
17. When I am with him/her/they, it is... 0 1 2 3 4 ...that I get the chance to voice my views
18. When I am with him/her/they, it is... 0 1 2 3 4 ...that I appear aloof
19. When I am with him/her/they, it is... 0 1 2 3 4 ...that they support me when I am having problems
20. When I am with him/her/they, it is... 0 1 2 3 4 ...that I keep the upper hand
21. When I am with him/her/they, it is... 0 1 2 3 4 ...that I do what they want me to do
22. When I am with him/her/they, it is... 0 1 2 3 4 ...that I express myself openly
23. When I am with him/her/they, it is... 0 1 2 3 4 ...that I not show I care about them
24. When I am with him/her/they, it is... 0 1 2 3 4 ...that I get along with them
25. When I am with him/her/they, it is... 0 1 2 3 4 ...that they respect my privacy
26. When I am with him/her/they, it is... 0 1 2 3 4 ...that I not make mistakes in front of them
27. When I am with him/her/they, it is... 0 1 2 3 4 ...that they understand me
28. When I am with him/her/they, it is... 0 1 2 3 4 ...that I put my needs first
29. When I am with him/her/they, it is... 0 1 2 3 4 ...that I live up to their expectations

	0 not important to me	1 mildly important to me	2 moderately important to me	3 very important to me	4 extremely important to me	
30. When I am with him/her/they, it is...	0	1	2	3	4	...that they respect what I have to say
31. When I am with him/her/they, it is...	0	1	2	3	4	...that they keep their distance from me
32. When I am with him/her/they, it is...	0	1	2	3	4	...that they <u>not</u> reject me
33. When I am with him/her/they, it is...	0	1	2	3	4	...that I <u>not</u> back down when disagreements arise
34. When I am with him/her/they, it is...	0	1	2	3	4	...that I <u>not</u> say something stupid
35. When I am with him/her/they, it is...	0	1	2	3	4	...that they come to me with their problems
36. When I am with him/her/they, it is...	0	1	2	3	4	...that I am the one in charge
37. When I am with him/her/they, it is...	0	1	2	3	4	...that I <u>not</u> make them angry
38. When I am with him/her/they, it is...	0	1	2	3	4	...that I have an impact on them
39. When I am with him/her/they, it is...	0	1	2	3	4	...that I do better than them
40. When I am with him/her/they, it is...	0	1	2	3	4	...that I make them feel happy
41. When I am with him/her/they, it is...	0	1	2	3	4	...that they <u>not</u> tell me what to do
42. When I am with him/her/they, it is...	0	1	2	3	4	...that I <u>not</u> expose myself to the possibility of rejection
43. When I am with him/her/they, it is...	0	1	2	3	4	...that they are considerate
44. When I am with him/her/they, it is...	0	1	2	3	4	...that I avenge insults and injustices against me
45. When I am with him/her/they, it is...	0	1	2	3	4	...that I go along with what they want to do
46. When I am with him/her/they, it is...	0	1	2	3	4	...that they show me respect
47. When I am with him/her/they, it is...	0	1	2	3	4	...that they see me as cool and unemotional
48. When I am with him/her/they, it is...	0	1	2	3	4	...that they approve of me
49. When I am with him/her/they, it is...	0	1	2	3	4	...that I am obeyed when I am in authority
50. When I am with him/her/they, it is...	0	1	2	3	4	...that I <u>not</u> expose myself to ridicule
51. When I am with him/her/they, it is...	0	1	2	3	4	...that they stay with me when things aren't going well
52. When I am with him/her/they, it is...	0	1	2	3	4	...that I win if there is an argument
53. When I am with him/her/they, it is...	0	1	2	3	4	...that I <u>not</u> embarrass myself
54. When I am with him/her/they, it is...	0	1	2	3	4	...that they see me as responsible
55. When I am with him/her/they, it is...	0	1	2	3	4	...that I appear detached
56. When I am with him/her/they, it is...	0	1	2	3	4	...that they think I am a nice person
57. When I am with him/her/they, it is...	0	1	2	3	4	...that they admit it when they are wrong
58. When I am with him/her/they, it is...	0	1	2	3	4	...that I keep my thoughts or feelings to myself
59. When I am with him/her/they, it is...	0	1	2	3	4	...that they show concern for how I am feeling
60. When I am with him/her/they, it is...	0	1	2	3	4	...that they mind their own business
61. When I am with him/her/they, it is...	0	1	2	3	4	...that they <u>not</u> get angry with me
62. When I am with him/her/they, it is...	0	1	2	3	4	...that they listen to what I have to say
63. When I am with him/her/they, it is...	0	1	2	3	4	...that I <u>not</u> reveal what I am really like
64. When I am with him/her/they, it is...	0	1	2	3	4	...that they <u>not</u> get their feelings hurt